







BOWL ON THE FOREHAND

Extend your left arm to the side (if bowler is righthanded).



HAVE YOUR BOWL STOP HERE

Put your foot where you want the bowl to finish and point to it.



BOWL ON THE BACKHAND

Extend your right arm to the side (if bowler is righthanded).



BOWLS ARE TOUCHING

Touch knuckles together.



THIS IS OUR BOWL

Point closely to the bowl and tap your shoulder or chest.



WHERE IS THE JACK?

Bending down, hold your palm forward.



THIS IS THEIR BOWL

Point closely to the bowl and wave your arm away.



THE SHOT IS A MEASURE

Wave hands apart, together, apart as if measuring.



SHOTS FOR US

Tap your shoulder or head.



THE BOWL IS THIS FAR IN FRONT OR BEHIND

OF THE JACK



SHOTS AGAINST US

Tap your leg.



Spread your hands one above the other. **NOTE: Always give the DEPTH distance** not the WIDTH.



WATCH THE HEAD

Before throwing a "runner," simulate a fast delivery with your bowling arm.



CHALK MY TOUCHER

Cross your hands at your wrist and hold them in front of you.



LET YOUR HANDS TO DO THE TALKING

- 1. Voices cannot be heard over the sounds of road and air traffic.
- 2. Shouting disturbs players on the rinks.
- 3. Your team will feel more in sync if you can read each others signals.
- 4. Signals will help communication and the flow of the game.
- 5. You can signal without drawing attention of your oppents to certain situations.

RULE NUMBER 1:

You can ONLY communicate with your team when you have possession of the mat.

RULE NUMBER 2:



Give information (especially the Vice) ONLY when asked for.

